

## **J&S Sporthorses MISSION STATEMENT**

Our Barn Serves Three Disciplines:

**Classical Dressage**

**Hunt Seat**

**Fox Hunting**

It is very important to us that each discipline is presented in its full professional entity. With so many different ways of training these days, there are misrepresented forms of training which confuse both horse and rider. Training shortcuts are the downfall of competition sports. We adhere to traditional values and concepts that foremost benefit the horse and its well being. We believe that the importance of teaching our horses to maintain correct anatomical and physiological positions that they were built for, will keep them sound and happy for life.

### **Dressage**

Dressage is taught at our barn to enhance the building of all muscles so the horse will be strong enough to carry out dressage movements, show careers or just making the horse the best it can be. We specialize in taking one to two years (depending on the age of the horse and its natural ability) in teaching the horse to learn through correct connection, how to come up through the back and to use its hip flexors to maximally enhance its movement and strength. Time and the building of correct muscles is the key to correct dressage. Taking shortcuts will only prevent the true and intended meaning of the sport.

### **Hunt Seat Equitation: Flat and over Fences**

Nothing can explain the way we live and breathe Hunt Seat as the quote below by George H. Morris. Teaching the rider to be the best they can be on the flat and over fences is what we try to carry out.

*“Very few horsemen do this part so well--beautiful position, soft use of aids, and a myriad of flat work exercises. The way our riders prepare themselves and their horses is so natural and simple, therefore the beauty. Whether it be the ball of the foot on the stirrup, the upper body with the movement of the horse (and not behind it!), Smooth transitions, or the long/short release, it is a pleasure to watch.”*

### **Fox Hunting**

The traditions of Fox hunting gave birth to the show hunters, jumpers and combined trainers. It's the passion of fox hunting that prompted us to start our own hunt in Dillon Montana with five to six couples of English Fox Hounds. Our goal is to hunt in the time honored traditions that have its roots in England. Our purpose is the union/understanding between hounds and huntsman, the chase, horsemanship, safety, and fun.